1. Grand nursing theories that are based on human needs include all but one of the following. Which is not considered to be a part of needs-based theories?
   A) Focus is on the client.
   B) Client is considered biopsychosocially.
   C) Individual parts of the client are considered.
   D) Interventions are prescribed to meet client needs.

2. Florence Nightingale developed a model for nursing practice that was inductively derived based on her experiences during a time of war. What is the model considered by most nursing scholars?
   A) Philosophy
   B) Practice theory
   C) Schema
   D) Research theory

3. One of the concepts of Nightingale's model included the following five points: pure air, pure water, efficient drainage, cleanliness, and light. In which concept are these five points included?
   A) Social considerations
   B) Personal cleanliness
   C) Ventilation and warming
   D) Health of house

4. The nurse theorist Virginia Henderson developed which theory?
   A) The Principles and Practice of Nursing
   B) Patient-Centered Approaches to Nursing
   C) The Self-Care Deficit Nursing Theory
   D) The Behavioral System Model

5. In the theory by Virginia Henderson, The Principles and Practice of Nursing, she defines nursing and considers her definition of nursing which of the following?
   A) A concept
   B) A model
   C) An assumption
   D) An axiom

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6. One nurse theorist and her colleague listed 10 steps in identifying the client's problems and 10 nursing skills to be used in developing a treatment typology. Who is this nurse theorist?
   A) Betty Neuman
   B) Dorothy Johnson
   C) Faye Abdellah
   D) Florence Nightingale

7. The nurse theorist Dorothea E. Orem developed which nursing theory?
   A) Patient-Centered Approaches to Nursing
   B) The Self-Care Deficit Nursing Theory
   C) The Principles and Practice of Nursing
   D) The Behavioral System Model

8. Included in The Self-Care Deficit and Nursing Theory by Orem, there are three nested theories. Which is not one of the nested theories?
   A) Self-care
   B) Nursing system
   C) Family system
   D) Self-care deficit

9. The nurse theorist Dorothy Johnson developed which nursing theory?
   A) The Behavioral System Model
   B) The Principles and Practice of Nursing
   C) The Self-Care Deficit Nursing Theory
   D) Patient-Centered Approaches to Nursing

10. In the theory developed by Dorothy Johnson, The Behavioral System Model, she incorporated all but one of the following into her theory. Which one is not included?
    A) Systems theory
    B) Human behavior
    C) Stress
    D) Family

11. Which of the following theories was founded on general systems theory, stress theory, and stress and coping theory?
    A) The Neuman Systems Model
    B) The Self-Care Deficit Model
    C) Patient-Centered Approaches to Nursing
    D) The Principles and Practice of Nursing
12. In the model by Betty Neuman, she focused on system theory, human needs of protection, or relief from stress. Which of the following was emphasized by her theory?
   A) Humans have a need for dynamic balance that the nurse can provide.
   B) The healthful house is a vital concept.
   C) Nurses should care for the patient until the patient can care for self.
   D) Behaviors should be organized around specific goals.
Answer Key

1. C
2. A
3. D
4. A
5. A
6. C
7. B
8. C
9. A
10. D
11. A
12. A